

# 6 Tips to Protect YOUR EYES



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**1**

## Always Means Always

Say it and mean it, “Always wear eye protection.” Goggles and safety glasses don’t protect when they’re not worn properly.

**2**

## Make the Right Choice

Know the difference between goggles and safety glasses. Match the eyewear to the hazard for best protection.

**3**

## Beware of Incoming

It’s not just chemicals—glassware can break unexpectedly, and sharps and debris fly.

**4**

## Keep Them Clean

Always have clean goggles and safety glasses available. Dirty eyewear impairs vision and may lead to accidents.

**5**

## Keep Flushing

If a chemical splashes into your eyes, remove contact lenses immediately and flush your eyes for at least 15-20 minutes.

**6**

## Respect the Eyewash

Make sure it is easily accessible; a few seconds can make a big difference.

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