Take as Directed
Antibiotic Resistance Simulation

Introduction
A scratchy throat, an earache or a cut that won’t heal—all could be signs of a bacterial infection. Antibiotics are prescribed to reduce the length and severity of infections. Antibiotics taken on time and finished completely are very effective. Study the effects of antibiotics on bacterial populations.

Concepts
- Antibiotic treatment
- Bacteria
- Antibiotic resistance

Materials
- Bingo chips, red, 20
- Bingo chips, blue, 15
- Bingo chips, yellow, 15
- Colored pencils
- Die

Safety Precautions
The materials used in this activity are considered nonhazardous. Please follow all laboratory safety guidelines.

Procedure
1. Obtain 20 red bingo chips, 15 blue bingo chips, 15 yellow bingo chips, and one die. Place 13 red, 6 blue, and 1 yellow bingo chip on the work surface in front of you and your partner. These chips represent harmful bacteria found in a patient’s body before beginning antibiotic treatment. Set aside the remaining bingo chips.

2. It is time to take the first dose of antibiotics. Roll the die and follow the key below.

<table>
<thead>
<tr>
<th>Number Tossed</th>
<th>Event</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>2, 3, 4 or 5</td>
<td>Antibiotic was taken at appropriate time—bacteria killed</td>
<td>Remove 5 disks in the following order: remove red bingo chips first, followed by blue and then yellow as needed.</td>
</tr>
<tr>
<td>1 or 6</td>
<td>Antibiotic was not taken at the appropriate time.</td>
<td>Do not remove any bingo chips.</td>
</tr>
</tbody>
</table>

3. Record the number of each remaining type of bacteria in the table on the next page.

4. Bacteria are constantly reproducing in the host; in this case the host is the patient’s body. If one or more bacteria of a particular type (color) are still present in the patient’s body after the first dose (step 2), add one chip of that color to the population. Example: If the patient still has blue and red bacteria present, add one blue and one red chip to the population.

5. Repeat steps 2–4 at least eight times (or until all bacteria have been eliminated) to complete the table.

6. Using the data from the table, construct a graph displaying the number of each type of bacteria versus the number of doses. Use different color pencils to plot the following data: total number of bacteria, least resistant bacteria, medium resistant bacteria, and most resistant bacteria. Connect each set of data points by drawing a colored line.
## Bacterial Population

<table>
<thead>
<tr>
<th>Dose No.</th>
<th>No. Rolled</th>
<th>Low Resistance (Red)</th>
<th>Medium Resistance (Blue)</th>
<th>High Resistance (Yellow)</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>INITIAL</td>
<td>N/A</td>
<td>13</td>
<td>6</td>
<td>1</td>
<td>20</td>
</tr>
<tr>
<td>1</td>
<td></td>
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<tr>
<td>2</td>
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<td>4</td>
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<tr>
<td>5</td>
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<tr>
<td>6</td>
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<tr>
<td>7</td>
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</tr>
<tr>
<td>8</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

### Connecting to the National Standards

This laboratory activity relates to the following National Science Education Standards (1996):

**Unifying Concepts and Processes: Grades K–12**
- Evidence, models, and explanation
- Constancy, change, and measurement
- Evolution and equilibrium

**Content Standards: Grades 5–8**
- Content Standard C: Life Science, structure and function in living systems, diversity and adaptations of organisms
- Content Standard F: Science in Personal and Social Perspectives; personal health; risks and benefits

**Content Standards: Grades 9–12**
- Content Standard C: Life Science, behavior of organisms
- Content Standard F: Science in Personal and Social Perspectives; personal and community health
Take as Directed continued

Tips

• Enough materials are provided in this kit for 30 students working in pairs or for 15 groups of students. This laboratory activity may reasonably be completed in one 50-minute class period. The Pre-Lab Questions may be completed before coming to class, and the data compilation and Post-Lab Questions may be completed the day after the lab.

• Stress to students the importance of recording the number of each bacterial type on Table 1 before adding one more bingo chip of each type present as instructed in step 4. If the population grows before the data is recorded students may be confused by the results.

Discussion

Antibiotics are powerful drugs that are used to treat many serious and life-threatening diseases. Antibiotics are only effective against bacterial infections, some fungal infections, and some parasites. The principles of antibiotic treatment were actually discovered by accident in 1928 by Alexander Fleming (1881–1955). Fleming was culturing bacteria in glass dishes in his laboratory. However, mold (fungus) had contaminated some of his bacterial cultures. He planned on throwing them away but instead noticed that no bacteria grew in the vicinity of the mold. The bread mold named Penicillium produces an antibacterial chemical named penicillin.

Since the discovery of penicillin, scientists have developed numerous antibiotics to help stop the spread of infectious disease. Although antibiotics have been proven very useful, misuse of antibiotics has become a serious problem. Frequent unnecessary use has resulted in the evolution of bacteria which are resistant to many common antibiotics. These extremely antibiotic-resistant bacteria develop because the original antibiotic failed to kill all of the targeted bacteria. As a result, the remaining bacteria survive and become resistant to the original antibiotic. Doctors then prescribe a different antibiotic, but resistant forms of the bacteria quickly develop the ability to withstand the new antibiotic as well, bringing about a continual cycle requiring different, more powerful drugs to treat infection.

As more bacteria become resistant to the original antibiotic, the consequences become more severe. Consequences include longer lasting illnesses, increased risk of serious complications, and death. The inability of antibiotics to treat infection also leads to longer periods in which a person is contagious and able to spread resistant strains to other people.

References


Materials for Antibiotic Resistance Simulation are available from Flinn Scientific, Inc.

<table>
<thead>
<tr>
<th>Catalog No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>FB1928</td>
<td>Antibiotic Resistance Simulation—Super Value Kit</td>
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</table>